



Bed Bug Treatment Preparation & Aftercare

PLEASE READ CAREFULLY AND CONTACT US IF YOU HAVE ANY QUESTIONS

Phantom Pest Solutions is committed to providing a highly effective bed bug treatment to protect your home and ensure peace of mind. To achieve the best results, thorough preparation and proper aftercare are essential.

Treatment Date: _____

Important Information About Bed Bugs:

Bed bugs are resilient pests that can be found in many areas of the home, including mattresses, bed frames, furniture seams, bookshelves, and even electrical outlets. These pests multiply rapidly, making early and comprehensive intervention critical. A single female bed bug can lay up to 500 eggs in her lifetime. Effective preparation will ensure that we reach all possible hiding spots, giving us the highest success rate in eliminating the infestation.

Vacancy Time:

You must vacate the premises for a minimum of 6–8 hours following treatment.

- **24-hour vacancy is required for:**
 - Infants (children under 2 years old)
 - Pregnant or nursing mothers
 - Individuals with respiratory issues or compromised immune systems
 - Pets, including cats, dogs, birds, and reptiles

Preparation Steps

1. Bedding and Linens:

- Remove all bedding, including comforters, mattress pads, bed skirts, and pillowcases, from all beds.
- Wash these items in hot water and dry them on high heat for a minimum of 60 minutes.
- Place cleaned items in tightly sealed plastic bags or containers and store them outside the treated areas until after treatment.

2. Clothing and Fabrics:

- Empty all drawers, closets, and storage bins of clothing and fabrics.
- Wash or dry-clean all items and dry on high heat for at least 60 minutes.
- Store clean clothing in sealed bags or bins and keep them outside the treatment area.

3. Furniture and Upholstery:

- Remove mattresses from bed frames and lean them upright against the wall.
- Disassemble bed frames if possible.
- Move furniture (e.g., sofas, dressers, nightstands) at least 2 feet away from the walls to allow access to baseboards and cracks.
- Remove sofa cushions, stack them in the middle of the room, and turn the sofa upside down for full access.

4. Vacuuming and Cleaning:

- Thoroughly vacuum all floors, baseboards, carpets, and furniture, focusing on cracks, crevices, and seams.
- Immediately dispose of the vacuum bag or contents in a sealed garbage bag outside the home.

5. Personal Items and Electronics:

- Bag or seal personal items such as books, toys, and electronics. These items may require special attention or treatment.
- Phantom Pest Solutions does not treat electronics or sensitive personal belongings; please consult us for guidance.

6. Curtains and Drapes:

- Remove all curtains and wash, steam or dry-clean them. Dry on high heat for 60 minutes and store them in sealed bags outside the treated area.
- Pull up blinds to allow full access to window sills and walls.

7. Electrical Outlets and Wall Fixtures:

- Remove all electrical outlet covers, switch plates, and other wall fixtures (e.g., picture frames).

8. Pet Care:

- Remove all pets, including fish (cover tanks with a damp towel and turn off pumps), reptiles, and birds.

9. Final Steps:

- Declutter and remove unnecessary items to ensure complete access to all areas.
 - Dispose of infested items if recommended by your technician.
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Aftercare Instructions

1. Do Not Clean Treated Areas:

- Avoid vacuuming, mopping, or cleaning within 6 inches of baseboards and treated surfaces for at least 4 weeks.
- Do not use over-the-counter pesticides, cleaners, or other chemicals in treated areas. These can interfere with the residual pesticide's effectiveness.

2. Ventilate Your Home:

- After the re-entry period, open windows for 15–30 minutes to allow fresh air circulation.

3. Maintain Sleeping Areas:

- Continue sleeping in your normal locations. Bed bugs are attracted to body heat and carbon dioxide, which encourages them to cross treated areas and come into contact with the pesticide.

4. Laundry Maintenance:

- Regularly wash and dry all bedding on high heat for at least 60 minutes for the next 7–10 days post-treatment.
- Run pillows, comforters, and throw blankets through the dryer weekly.

5. Monitor Activity:

- It is normal to see bed bug activity for up to 3–4 weeks following treatment as eggs hatch and bugs come into contact with residual treatments.
- Expect wandering bugs to appear in unusual locations. This is a sign the treatment is working.

6. Additional Considerations:

- Residual treatments remain effective for up to 3 months, targeting new generations as they emerge.
 - A follow-up treatment may be necessary depending on the level of infestation and post-treatment activity.
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Frequently Asked Questions:

Q: Will I need multiple treatments?

A: Bed bugs are highly resilient and have different life stages. While one treatment may significantly reduce the infestation, a K9 Bed bug detection and or a follow-up may be required for complete eradication.

Q: Why should I stay in my usual sleeping areas?

A: Staying in your usual sleeping location ensures that bed bugs move out of hiding to cross treated areas, increasing the effectiveness of the treatment.

Q: Can I keep my belongings during treatment?

A: Yes, but all belongings should be thoroughly cleaned and sealed to prevent reinfestation.

Contact Us:

If you have any questions or require clarification, please contact us at 604-771-0404 or email us at admin@phantompestcontrol.ca.

Thank you for choosing Phantom Pest Solutions. Your cooperation is essential to the success of your bed bug treatment.

Phantom Pest Solutions Team



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PEST SOLUTIONS

