The Metro Vancouver pest year

When the Lower Mainland's pests are most active, month by month, and the Phantom Pest Control maintenance program for each season. Pests can turn up outside these months.



Each bar is the season named on the program page it links, where the sources are listed: Phantom's pest pages, B.C.'s pest guides, university extension services, Health Canada and Environment and Climate Change Canada. Some programs plan their visits around these months, such as Crawling Insect Seasonal Maintenance and the nesting-season checks of Bird Deterrence Services. Pests can turn up outside these months.

Phantom Pest Control: preventative pest control programs for homes and businesses in Vancouver, BC, the Lower Mainland and the Fraser Valley.
Every program, with what its visits include: **phantompestcontrol.com/services/regular-maintenance/**

Call or Text 604-771-0404
Office and Service Hours: Monday to Friday, 9 AM to 5 PM
Updated November 2026